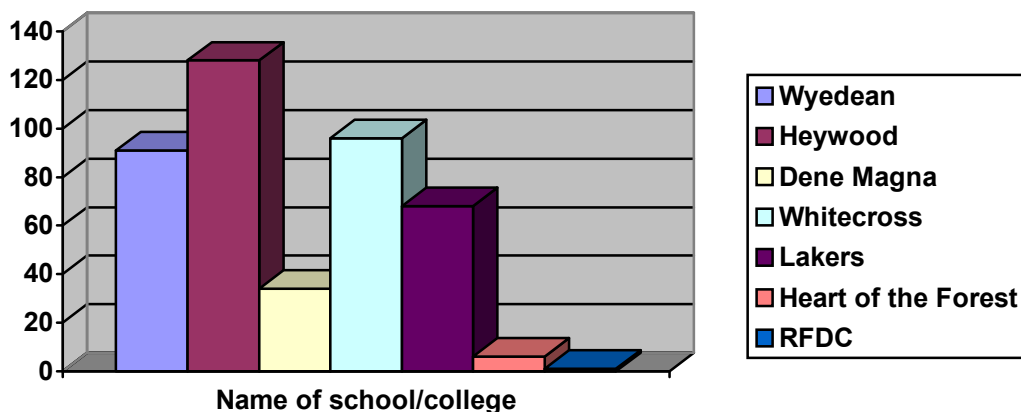
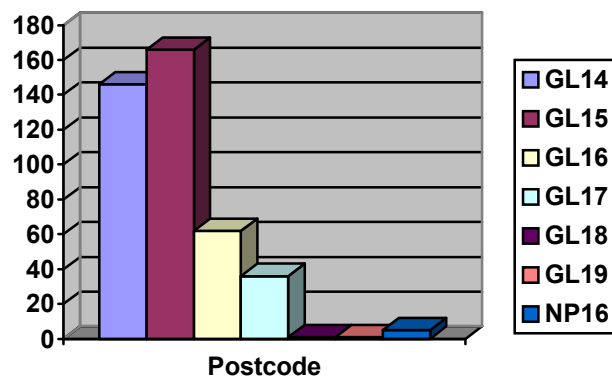
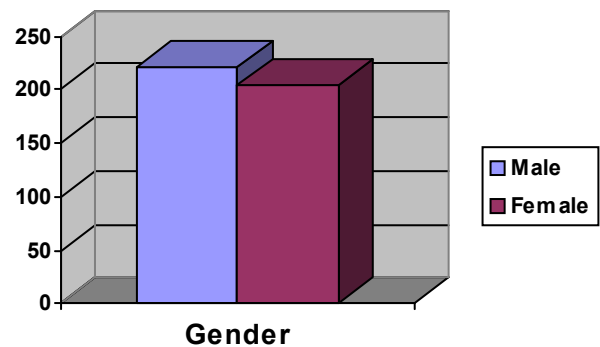
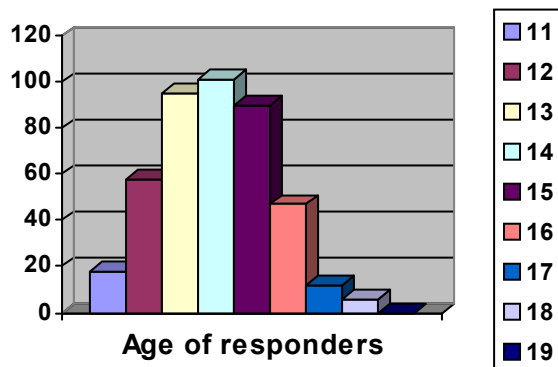


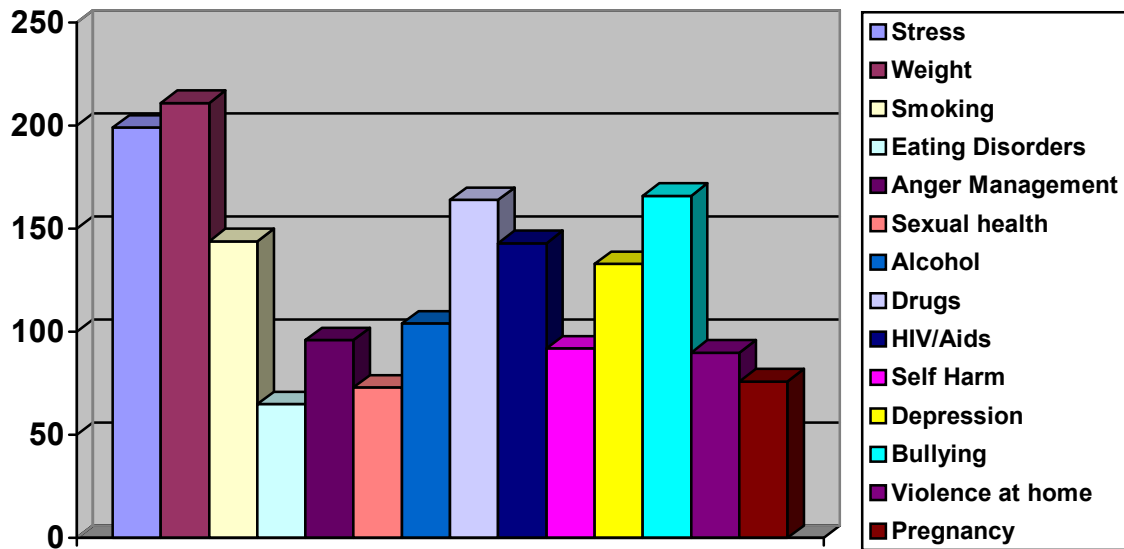
# Health youth survey 2007 report

In preparation for their fourth youth conference, the FOREst YOUTH forum designed and produced a survey to find out which health issues concern young people the most. Questions were also included to find out about diet and exercise trends.

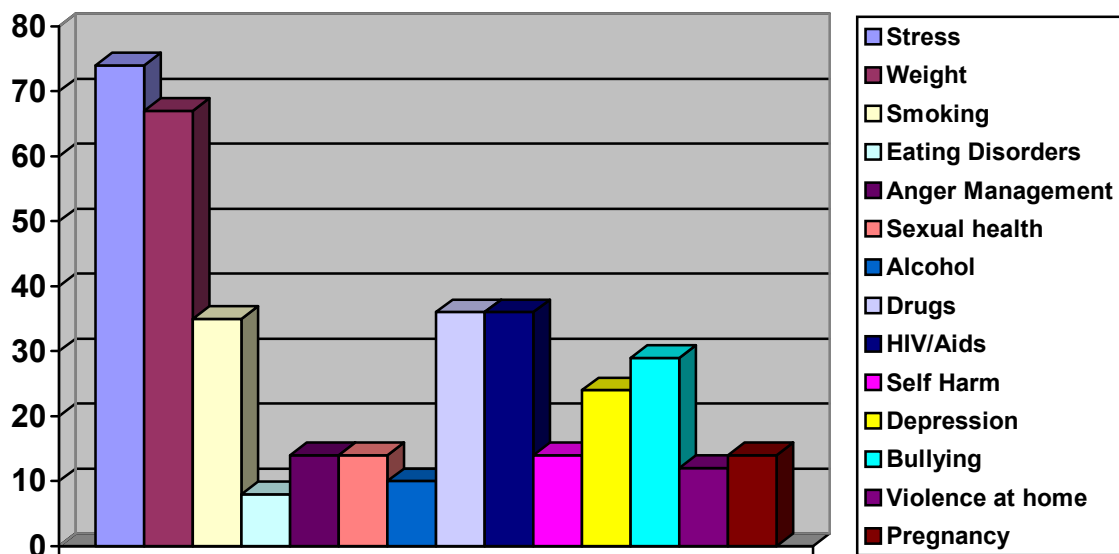
1,000 copies of the survey were distributed to secondary schools in the Forest area, asking them to survey 30 young people in each year group. 427 responses were received and the findings of the survey were used to plan the workshops and activities for the Healthvoice youth conference.



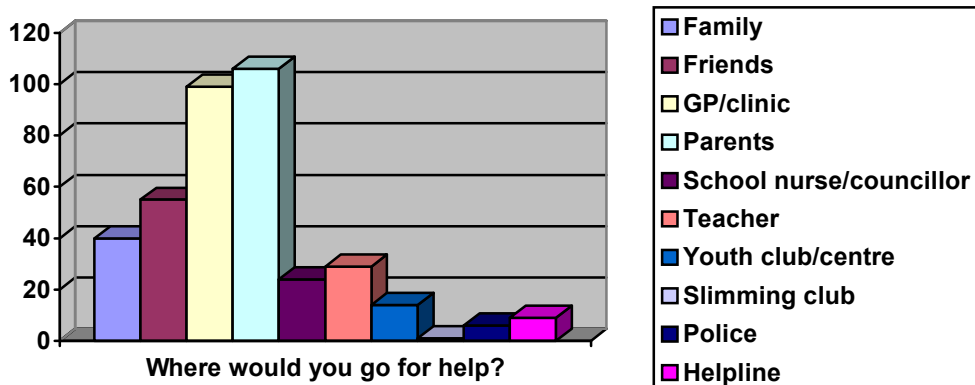
Which of these health issues worry you most?



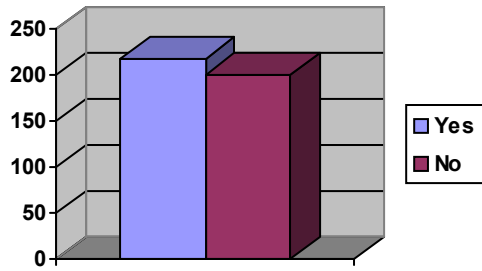
Which of the 5 worries you most?



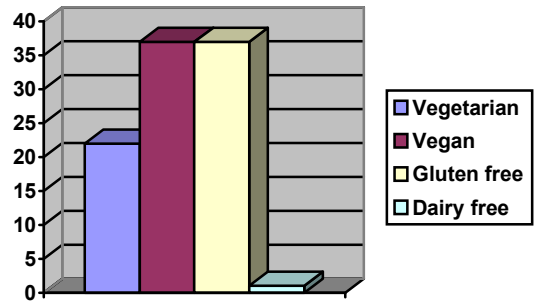
Where would you go for help?



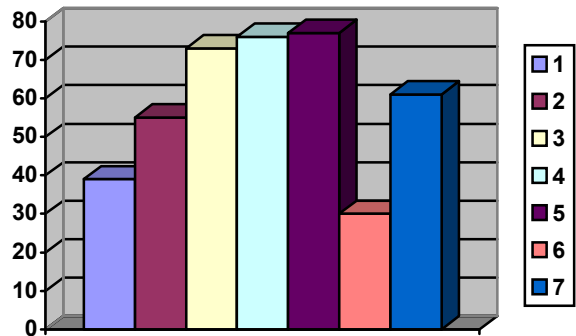
Do you eat 5 portions of fruit and veg each day?



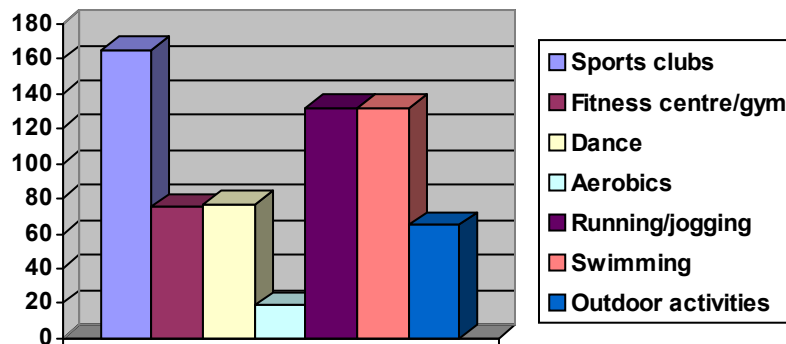
Is your diet...



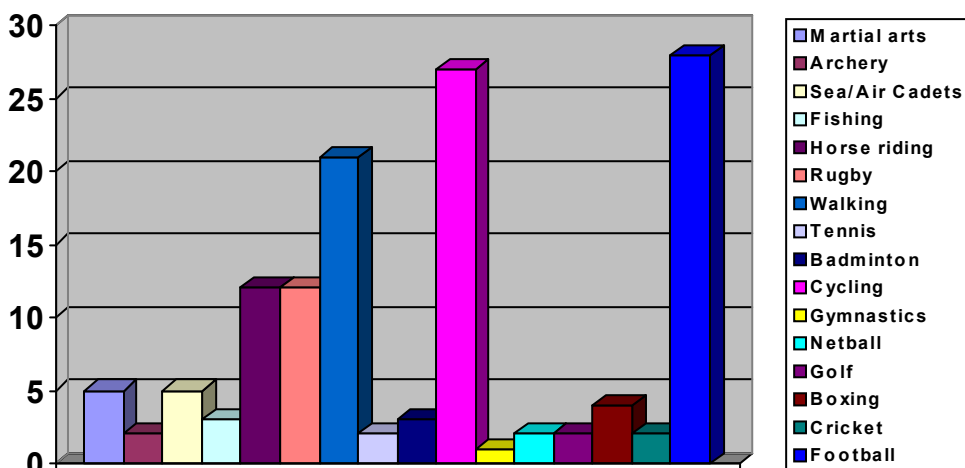
How many times a week do you exercise? (This means 1 hour's activity outside of school PE lessons)



What type of activity do you participate in?



Other (please state)



Do you use a District council leisure centre?

If no, why?

- Don't have the time (12)
- Don't know what/where it is (10)
- Don't need to (7)
- Don't want to (5)
- Too far away – can't get to it – no transport (5)
- Too busy (4)
- Can't be bothered to go (4)
- Too expensive (4)
- Don't want to pay (2)
- Not good (2)
- Not old enough to use the gym (2)
- No bus service
- Don't know about it
- Not one near
- Inconvenient
- It isn't well equipped
- Use school facilities
- Not a sporty person
- It's always too busy
- It's not very good
- Have a gym at home
- I'm always at gymnastics
- Go horse-riding with friends
- Go to Ross-on-Wye
- Because I've never tried
- Don't like the hygiene or security
- I go to a club
- I play football
- Can't imagine it's any good
- Mum doesn't like it
- Don't like the guy running it
- Not something I want to do
- Poorly equipped and expensive
- No point
- It's rubbish

